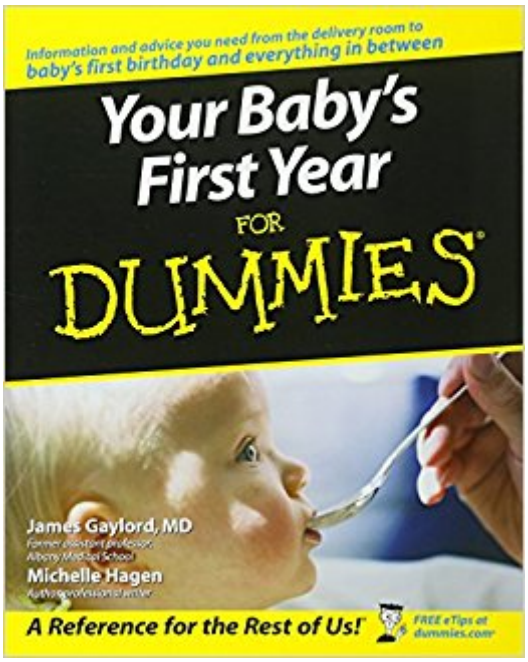
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Your Baby's First Year For Dummies



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Synopsis

Everything parents need to give their babies the best start Each year, more than 4 million babies are born in the United States-and the first year of a baby's life is a joyous, challenging, and sometimes overwhelming time. Your Baby's First Year For Dummies serves as a complete guide for baby's first twelve months-from what to do when arriving home from the hospital to handling feeding, bathing, and sleeping routines to providing the right stimuli for optimal progress. Packed with tips on every aspect of baby's physical, emotional, and social development, this friendly guide gives parents advice on such important topics as breastfeeding vs. bottle-feeding, teething, baby toy safety, food preparation, food allergies, traveling, and much more.

Book Information

Paperback: 388 pages

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Shipping Weight: 1.3 pounds (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 36 customer reviews

Best Sellers Rank: #83,481 in Books (See Top 100 in Books) #44 inÃ Â Books > Crafts, Hobbies & Home > Home Improvement & Design > How-to & Home Improvements > Home Repair #325 inÃ Â Books > Parenting & Relationships > Parenting > Early Childhood #11772 inÃ Â Books > Health, Fitness & Dieting

Customer Reviews

Covers monthly checkups and milestones Your complete guide to your baby's first twelve months Give your baby the best start! This sensible month-by-month guide is packed with encouraging advice on every aspect of your child's physical, emotional, and social development in the first year. You'll find proven tips on everything from bringing baby home and establishing feeding, bathing, and sleeping routines to coping with teething, illnesses, and traveling with your bundle of joy. Discover how to Get a baby to sleep Bond with your baby Manage breast- or bottlefeeding Keep baby healthy and safe Encourage his/her development Handle returning to work

Dr. James Gaylord has a dual Board Certification in Pediatrics and Internal Medicine and has been

in private practice in Burnt Hills, N.Y. since 1997. He is a 1988 graduate of Albany Medical College, where he also served as an assistant professor from 1993 to 1997. His training includes a residency in Pediatrics and Internal Medicine; he also spent a year (1992-93) as chief resident in Pediatrics. He continues to train medical students in his private practice. Michelle Hagen is a freelance writer and editor and the author of 8 books. She has a degree in literature from Empire State College.

I purchased this as a gift for my husband (FTD) who was a little anxious about bringing home baby. The book has some pretty good information from postpartum to first bites and beyond. Reading the book gave him some confidence and answered a lot of questions, especially in the early stages. I would certainly recommend this book for all new parents.

This book is very informative. I only wish I had bought it before the baby was born because the first few chapters of the book deals with exactly that. Some of the chapters cover the babies activities based on how many months old he is. So you don’t need to read the entire book at once and can wait until your baby reaches a certain age (i.e. 2 months or 3 months and then you can read those chapters). Has a dedicated chapter for Dad.Most importantly, the book mentions what you can expect as your baby grows older. For example, it was very useful to know that the baby was going to be increasingly fussy and screaming as he grew older into his 2nd, 3rd months which helped us stay more patient and relaxed.

Only about 100 pages in, already spouting out facts my girlfriend hasn’t heard yet and she is an avid blog reader. Mucho brownie points and some interesting facts.

My wife liked reading it. Not bad info.

Great book, lots of things I needed to know.

Item as described

Great book!

Gave it to my daughter as a gag gift and it has become her ’bible’.

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